



School Information:

Choice of milk daily
This institution is an equal opportunity provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



BBQ Beef Burger **1**
Tater Tots
Baked Beans
Carrots
Oranges

Pretzel with Cheese **2**
Green Beans
Juice 4U
Banana

Steak Fingers **5**
Mashed Potatoes
Green Beans
Pineapple
Roll

Hamburger & Bun **6**
French Fries
Baked Beans
Orange Slices

Weiner Wrap **7**
Seasoned Wedges
Carrot Sticks
Apple Slices
Rice Krispie Treat

Baked Chicken **8**
Seasoned Rice
Green Beans
Tomatoes
Peaches

Pizza **9**
Tossed Salad
Mixed Fruit
Cake

Biscuits & Gravy **12**
Sausage Links
Tater Tots
Applesauce

Chicken Nuggets **13**
Mashed Potatoes
Corn
Peaches
Cake
Roll

Grilled Cheese **14**
Tri-Tater
Baked Beans
Mixed Fruit

Chicken & Rice Bowl **15**
Black Bean & Corn Salsa
Fresh Veggies
Pears

Mac-N-Cheese **16**
Tossed Salad
Carrots
Peaches

Hamburger & Bun **19**
Cream Corn
Chips
Fruit

Turkey Sandwich **20**
Sun Chips
Juice 4U
Fresh Veggies
Apple Slices
Oatmeal Cookie

21
TEACHER WORKDAY

22
CONFERENCES

23
CONFERENCES

Chicken Quesadilla **26**
Seasoned Rice
Carrot Sticks
Green Beans
Pineapple & Mandarin Oranges

Pizza **27**
Tossed Salad
Peaches

Chicken Patty on Bun **28**
Baked Beans
Fresh Vegetables
Applesauce

