



School Information:

Choice of milk daily
This institution is an equal opportunity provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

1

NO SCHOOL

Tuesday

2

NO SCHOOL

Wednesday

3

Corn Dog
Tater Tots
Applesauce
Chocolate Chip Cookie

Thursday

4

Weiner Wrap
Tri-Tater
Pickle Spear
Carrots
Oranges

Friday

5

Bread Sticks
Cheese & Marinara Sauce
Green Beans
Peaches

Hot Ham & Cheese
Tri-tater
Tossed Romaine Salad
Apple Slices

8

Chicken Nuggets
Mashed Potatoes
Green Beans
Pineapple
Roll

9

Soft Taco
Garden Peas
Peaches

10

Chili Pie
Carrot Sticks
Oranges
Cinnamon Roll

11

Nachos & Cheese
Green Beans
Tomatoes
Banana
Brownie

12

NO SCHOOL
MARTIN LUTHER KING DAY

15

Pizza
Tossed Salad
Mixed Fruit

16

Chicken Wrap
Tri-Tater
Fresh Vegetables
Applesauce

17

Hamburger & Bun
French Fries
Baked Beans
Oranges

18

Grilled Cheese
Seasoned Potatoes
Mixed Vegetables
Banana

19

Hot Dog & Bun
Tater Tots
Baked Beans
Oranges

22

Spaghetti
Tossed Salad
Mixed Fruit

23

Hamburger Gravy
Mashed Potatoes
Corn
Pineapple
Roll

24

BBQ Meatballs
Seasoned Rice
Green Beans
Carrot Sticks
Applesauce

25

Pizza
Tossed Romaine Salad
Peaches
Rice Krispie Treat

26

Turkey Pot Pie
Tossed Salad
Peaches

29

Chicken Nuggets
Seasoned Wedges
Green Beans
Applesauce

30

Soft Taco
Mixed Vegetables
Apple Slices

31

